

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2011

Weinberg Residence – Assisted Living

National Seniors Day 1

Shabbat Shalom

9:30 Shabbat Services

Shabbat ends at 7:39 pm

Fast of Gedaliah 5:39am-7:23pm 10:00 Keep Fit with Yoav 10:30 Music with Patti (MLC) 2:00 Poker Club 2:15 Entertainment: Just Enough (LB) 6:45 Bingo	2 10:00 Yoga with Carol 11:15 Curtain Call with Donna Welstein 1:45 "Something to Think About" with Rabbi Brody 3:00 Strengthening - MLC 3:00 Program Update Meeting 6:35 Cinema Night	3 10:00 Keep Fit with Yoav 11:00 Readers Club 2:00 Bingo 3:15 Musical Bingo 6:35 A&E Biography	4 10:00 Group Exercise 12:00 Lunch'n'schmooze with David Dunn 1:30 Shopping at Oakridge 2:00 Movie Matinee 3:00 Strengthening – MLC 6:35 Cinema Night	5 10:00 Keep Fit with Yoav 2:15 Thursday Show with Lorraine Smith on Piano 3:30 Bridge Club 6:35 Bingo	6 Erev Yom Kippur 10:00 Yoga with Joan 2:45 Oneg Shabbat (LB) 4:00 Shabbat Services (LB) 5:30 Kiddush 6:45 Service & Kol Nidre <i>Light Candles at 6:21 pm</i> <i>Fast begins at 6:39 pm</i>	7 Yom Kippur Shabbat Shalom 9:30 Services 11:45 Yizkor 5:00 Services 6:15 Neilah 8:00 Shofar <i>Holiday ends at 7:24 pm</i>	8
10:00 Keep Fit with Yoav 10:30 Music with Patti (MLC) 2:00 Poker Club 2:15 Entertainment: Vanstring Chamber Music(LB) 6:45 Bingo	9 Thanksgiving – Statutory Holiday 10:00 Yoga with Carol 3:00 Strengthening - MLC 3:00 Art with Yoav 6:35 Cinema Night	10 10:00 Keep Fit with Yoav 11:00 Readers Club 2:00 Bingo 4:00 A Toast to National Seniors Day 6:35 A&E Biography	11 Erev Sukkot <i>Restricted activities begin at 4:00 pm</i> 9:30 Music in the Morning 2:00 Movie Matinee 3:00 Strengthening – MLC 4:15 Services <i>Light Candles at 6:11 pm</i>	12 Sukkot: 1st Day 9:30 Services 4:15 Services <i>Light Candles at 6:11 pm</i>	13 Sukkot: 2nd Day 9:30 Services 3:45 Candle Lighting 4:15 Shabbat Services <i>Light Candles at 6:07 pm</i>	14 Hol Hamoed Sukkot 15 Shabbat Shalom 9:30 Shabbat Services 4:15 Services <i>Shabbat ends at 7:48 pm</i>	15
Hol Hamoed Sukkot 16 9:30 Services 10:30 Music with Patti (MLC) 3:00 Lulav & Etrog in the Sukka 2:15 Entertainment: TBA (LB) 6:45 Bingo	Hol Hamoed Sukkot 17 9:30 Services 10:00 Yoga with Carol 11:15 Curtain Call with Donna Welstein 3:00 Strengthening - MLC 3:00 Art with Yoav 6:35 Cinema Night	Hol Hamoed Sukkot 18 9:30 Services 2:00 Bingo 3:00 Lulav & Etrog in the Sukka 3:15 BMO presents 6:35 A&E Biography	Hoshana Raba 19 <i>Restricted activities begin at 4:00 pm</i> 9:30 Services 1:30 Shopping at Oakridge 3:00 Strengthening – MLC <i>Light Candles at 5:57 pm</i>	Shemini Atzret 20 9:30 Services 10:30 Yizkor 6:30 Services 7:00 Simchat Torah Services Simchat Torah Celebration <i>Light Candles at 7:01 pm</i>	Simchat Torah 21 Yom Tov 9:30 services 4:15 Services <i>Light Candles at 5:53 pm</i>	22 Shabbat Shalom 9:30 Shabbat Services <i>Shabbat ends at 6:58 pm</i>	
10:00 Keep Fit with Yoav 10:30 Music with Patti (MLC) 2:00 Poker Club 2:15 Entertainment: Robert and Galina (LB) 6:45 Bingo	23 10:00 Yoga with Carol 11:15 Curtain Call with Donna Welstein 1:45 "Something to Think About" with Rabbi Brody 3:00 Strengthening - MLC 3:00 Resident Council Meeting 6:35 Cinema Night	24 10:00 Keep Fit with Yoav 10:00-12:00 Island Hearing Services 11:00 Readers Club 12:00 Lunch'n'schmooze with Peter Kafka 2:00 Bingo 3:15 Slide Show 6:35 A&E Biography	25 10:00 Group Exercise 1:30 Schmooze with Vanessa at Solly's 2:00 Movie Matinee 3:00 Strengthening – MLC 6:35 Cinema Night	26 10:00 Keep Fit 10:00 Horticulture Therapy with Dr. Aimee Taylor 11:00 Scotiabank Dance Centre: Aché Brasil 2:15 Birthday Party with Pancho and Sal 3:30 Bridge Club 6:35 Bingo	27 Rosh Chodesh 9:30 Services 10:00 Yoga with Joan 2:00 "Shabbat Simcha" 2:45 Oneg Shabbat (LB) 4:00 Shabbat Services (LB) 5:30 Kiddush <i>Light Candles at 5:40 pm</i>	28 Rosh Chodesh Shabbat Shalom 9:30 Shabbat Services <i>Shabbat ends at 6:46 pm</i>	29
10:00 Keep Fit 10:30 Music with Patti (MLC) 2:00 Poker Club 2:15 Entertainment: Steve Levin (LB) 6:45 Bingo	30 10:00 Yoga with Carol 11:15 Curtain Call with Donna Welstein 1:45 "Something to Think About" with Rabbi Brody 3:00 Strengthening - MLC 6:35 Cinema Night	31					

Staff: Vanessa Trester Ext. 4722

Yoav Worth Ext. 3355

Lindsay Sinanan Ext. 3352

Cathy Dennis Ext. 3000