

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2012

Weinberg Residence – MLC



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>9:00 Individual Exercise 11:00 Movement to Music</p> <p>1:30 Scenic Drive to Horseshoe Bay 2:00 Movie Matinee (AL) 2:30 Mental Aerobics 6:35 Cinema Night (AL)</p>	<p>9:00 Individual Exercise 10:00 Reminiscing 2:15 Thursday Show with Phyliss Margolic on the Piano (AL) 6:35 Bingo (AL)</p>	<p>9:00 Individual Exercise 10:00 Circle Dancing 1:30 Flowers for Sale (LB) 2:45 Oneg Shabbat (LB) 4:00 Shabbat Services (LB) 5:30 Kiddush <i>Light Candles at 4:54 pm</i></p>	<p>Shabbat Shalom 4 BESHALACH <i>Shabbat Shira</i> 9:30 Shabbat Services <i>Shabbat ends at 6:04 pm</i></p>
<p>10:00 Keep Fit with Yoav (AL) 10:30 Music with Patti 10:30 Schara Tzedek Family Day at the Weinberg (AL) 2:15 Entertainment: Wayne Dodds and the Swing Along Band (LB) 6:45 Bingo (AL)</p>	<p>9:00 Individual Exercise 1:45 "The History of the Torah" w/ Rabbi Brody (AL) 3:00 Program Update Meeting (AL) 6:35 Cinema Night (AL)</p>	<p>9:00 Individual Exercise 10:00 Bread Making 2:00 Bingo (AL) 3:00 Biographies 3:15 Tu B'Shevat talk with Gillian Drake Director of Education at VanDusen Botanical Gardens (AL) 6:35 A&E Biography (AL)</p>	<p>Tu B`Shevat 8 9:00 Individual Exercise 10:30 Concert: Mordechai (LB) 11:00 Yiddish Group (AL) 11:00 Movement to Music 1:30 Shopping at Oakridge 2:00 Tu B'Shevat Seder (LB) 2:30 Cards 4:00 Tu B` Shevat Lounge (AL) 6:35 Cinema Night (AL)</p>	<p>9:00 Individual Exercise 10:00 Baking 2:15 Thursday Show with Douglas Fraser on the Banjo (AL) 6:35 Bingo (AL)</p>	<p>9:00 Individual Exercise 10:00 Circle Dancing 1:30 Flowers for Sale (LB) 2:45 Oneg Shabbat (LB) 4:00 Shabbat Services (LB) 5:30 Kiddush <i>Light Candles at 5:06 pm</i></p>	<p>Shabbat Shalom 11 YITRO 9:30 Shabbat Services <i>Shabbat ends at 6:15 pm</i></p>
<p>10:00 Keep Fit with Yoav (AL) 10:30 Music with Patti 2:00 Wii: Wheel of Fortune (AL) 2:15 Entertainment: Lorraine Smith (LB) 6:45 Bingo (AL)</p>	<p>9:00 Individual Exercise 1:30 Relaxation Session (AL) 3:00 Author Talk: Pamela Peled (Israeli/South African writer) (AL) 6:35 Cinema Night (AL)</p>	<p>9:00 Individual Exercise 10:30 Ceramics (AL) 2:00 Bingo (AL) 3:00 Biographies 3:15 Pictionary (AL) 4:00 Photos and Memories: Louie Gercik (AL) 6:35 A&E Biography (AL)</p>	<p>9:00 Individual Exercise 11:00 Yiddish Group (AL) 11:00 Movement to Music 1:30 Scenic Drive to Southlands 2:00 Movie Matinee (AL) 2:30 Bingo 6:35 Cinema Night (AL)</p>	<p>9:00 Individual Exercise 10:00 Manicures 10:00 Horticulture Therapy with Dr. Aimee Taylor 11:00 UBC Chorale concert at the Chan Centre 2:15 Thursday Show with Candy Siu on Piano (AL) 6:35 Bingo (AL)</p>	<p>9:00 Individual Exercise 1:30 Flowers for Sale (LB) 2:45 Oneg Shabbat (LB) 4:00 Shabbat Services (LB) 5:30 Kiddush <i>Light Candles at 5:18 pm</i></p>	<p>Shabbat Shalom 18 MISHPATIM <i>Parshat Shekalim</i> <i>Blessing of the new month</i> 9:30 Shabbat Services <i>Shabbat ends at 6:26 pm</i></p>
<p>10:00 Keep Fit with Yoav (AL) 10:30 Music with Patti 2:00 Dancing show with Kef Leolam (AL) 2:15 Entertainment: Bursting with Broadway (LB) 6:45 Bingo (AL)</p>	<p>9:00 Individual Exercise 1:45 "The History of the Torah" w/ Rabbi Brody (AL) 3:00 Art with Yoav (AL) 6:35 Cinema Night (AL)</p>	<p>9:00 Individual Exercise 10:00 Bread Making 2:00 Bingo (AL) 3:00 Biographies 3:15 Musical Bingo (AL) 6:35 A&E Biography</p>	<p>9:00 Individual Exercise 11:00 Yiddish Group (AL) 11:00 Movement to Music 11:00 Education Series : Lorne Mallin -the Abudaya Jews of Kenya (LB) 1:30 Shopping at Oakridge 2:00 Movie Matinee (AL) 2:30 Music Bingo 6:35 Cinema Night (AL)</p>	<p>Rosh Chodesh 23 9:00 Individual Exercise 9:30 Synagogue Services 10:00 Reminiscing 11:00 Scotia Dance Centre: Strathcona Chinese Dance Co 2:15 Birthday Party with Stan Shear on the Ukulele (AL) 6:35 Bingo (AL)</p>	<p>Rosh Chodesh 24 9:00 Individual Exercise 9:30 Synagogue Services 1:30 Flowers for Sale (LB) 2:00 "Simcha Shabbat" (AL) 2:45 Oneg Shabbat (LB) 4:00 Shabbat Services (LB) 5:30 Kiddush <i>Light Candles at 5:29 pm</i></p>	<p>Shabbat Shalom 25 TERUMAH 9:30 Shabbat Services <i>Shabbat ends at 6:37 pm</i></p>
<p>10:00 Keep Fit with Yoav (AL) 10:30 Music with Patti 2:00 Poker Club (AL) 2:15 Entertainment: The Charles & Jim Band (LB) 6:45 Bingo (AL)</p>	<p>9:00 Individual Exercise 1:30 Relaxation Session (AL) 3:00 Art with Yoav (AL) 6:35 Cinema Night (AL)</p>	<p>9:00 Individual Exercise 10:30 Ceramics(AL) 2:00 Bingo (AL) 3:00 Biographies 3:15 Pictionary (AL) 6:35 A&E Biography (AL)</p>	<p>9:00 Individual Exercise 11:00 Yiddish Group (AL) 11:00 Movement to Music 1:30 Outing to Solly`s Bagel with Vanessa 2:00 Movie Matinee (AL) 2:30 Trivia 6:35 Cinema Night (AL)</p>			

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